

W/O: SUMAN JANA
VILL+PO+PS : BHUPATINAGAR
DIST: PURBA MEDINIPUR
WEST BENGAL
PIN-721425
MOBILE: 7584928629
E-mail ID: rikta.jana1994@gmail.com

EDUCATIONAL QUALIFICATION

- 2017-2019, B.Ed , Sbuhas Chandra Basu B.Ed Training College, WBUTTEPA.
- 2015-2017, M.Sc on Clinical Nutrition And Dietetics, Vidyasagar University, West Bengal.
- 2012-2015, B.Sc. in Nutrition Science. Prabhat Kumar College, Contai, Purba Medinipur, Vidyasagar University.
- 2010-2012 ,H.S (WBCHE) Contai Hindu Girl's School, Purba Medinipur,
- 2009-2010, M.P (WBBSE) Krishnanagar M.N. High School(H.S.), Purba Medinipur,

COMPUTER LITERACY

MS-Office (Word, Excel and Power point), **Internet** knowledge.

TEACHING EXPERIENCE

Working as an **SACT** at Dept. of Physiology ; **Mugberia Gangadhar Mahavidyalaya**; PO-Bhupatinagar; Dist. - Purba Medinipur; West Bengal – 721425. For details of courses taken please see **Annexure – I**.

HOBBIES

Teaching, reading book, gardening, cooking, watching movies.

PERSONAL INFORMATION

Date of birth : 15/09/1994
Gender : Female
Father's name : Khokan Jana

Marital status : Married
Nationality : Indian
Languages known : English, Hindi, Bengali.

DECLARATION

I do hereby declare that the above mentioned particulars are true to the best of my knowledge and belief.

Place : Mugberia

Date :

(Rikta Jana)

Annexure –I Teaching Experience

Following subjects are Taught/Teaching by me at Mugberia Gangadhar Mahavidyalaya to B.Sc. Students

1. Food Science (Theory+Practical)
2. Food Commodities (Theory+Practical)
3. Nutritional Biophysics & Biochemistry(Theory+Practical)
4. Basic Nutrition(Theory+Practical)
5. Food Sanitation & Hygiene(Theory+Practical)
6. Diet Therapy(Theory+Practical)
7. Meal Management(Theory+Practical)
8. Dietetics & Counselling(Theory+Practical)
9. M.Voc , Advances in Bio-Chemistry and Nutrition

Annexure - II

Courses Studied

- i) Human Nutrition
- ii) Diet Therapy
- iii) Clinical Nutrition
- iv) Human Physiology

- v) Bio-Physics & Bio-Chemistry
- vi) Dietetics & Counselling
- vii) Entrepreneurship
- viii) Histology
- ix) Nutrition & Dietetics
- x) Food Preservation
- xi) Microbiology

Extra Activities

- Taking NET/SET coaching in Mugberia Gangadhar Mahavidyalaya.
- Editor of Departmental wall magazine in Mugberia Gangadhar Mahavidyalaya.